

The Florida Times-Union

5K FOR CHARITY

MARCH 13, 2010

8:15 AM

**Jacksonville Fairgrounds
510 Fairgrounds Place**

AN OFFICIAL RACE OF THE GATE RIVER RUN 2010

Bring the whole family! You can run or walk this event. Encourage your friends, family, church, school, or civic group to participate, and help us raise thousands of dollars for our charities! This is a fun run/walk and will not have awards or results. A digital clock will display your time as you cross the finish line. This is a non-competitive event.

SCHEDULE OF EVENTS

- » FloridaTimes-Union5K Run & Walk for Charity 8:15AM
- » Top 25 Women Start 8:25 AM
- » Gate River Run 15K..... 8:30 AM
- » adidas Junior River Run 11:00 AM
- » JTC Diaper Dashes 11:00 AM

MPS GROUP RUNNER'S EXPO

- » Thursday, March 11th 11 AM-6 PM
- » Friday March 12th 11 AM-8 PM
- » Saturday March 13th 8:30 AM-Noon

START

All participants in the 5K should be at the starting line at 8:00 AM. The 5K starts in front of the 15K starting line on Gator Bowl Blvd. on the west side of the Jacksonville Municipal Stadium. The 5K will start at **8:15 AM** by voice command. Please try to line up in accordance with the pace you expect to maintain during the event – runners in front and walkers to the back.

FINISH

The 5K will finish in front of the fairgrounds on Duval Street.

AWARDS

This is a fun run/walk and will not have awards or results. A digital clock will display your time as you cross the finish line.

POST RACE CELEBRATION

Participants in the 5K are invited to take part

in all of the Gate River Run activities. Right after the race stick around for the Publix Post-Race Celebration and groove to the tunes of Big Al and the Kaholics.

LOTS OF FUN FOR THE WHOLE FAMILY!

Bring the kids! Along with the adidas Junior River Run and Diaper Dashes, we will also have clowns, face painting, inflatable games and more!

ENTRY FEE

Walk-in entries will be accepted at any 1st Place Sports location during business hours until March 9th.

	5K
Through January	\$20.00
Through February	\$25.00
Starting March 1st	\$30.00
At the Expo	\$35.00
Children 13 and Under	\$15.00
Adults 65 and Over	\$15.00

Discounts per entry for teams of 10 or more!

****SORRY! NO REFUNDS! ****
****NO RACEDAY REGISTRATION!****

IT PAYS TO RUN TO GATE!

Send in a receipt for a Gate Food Post convenience store gasoline purchase of 10 gallons or more and deduct \$1.00 off your entry (Limit one per entry).

JTC RUNNING MEMBERS

\$2.00 discount to all JTC Running members.

PACKET PICKUP AT THE EXPO

A three-day MPS Group Runner's Expo will be held at the **Jacksonville Fairgrounds Expo Center, 510 Fairgrounds Place**, next to the Jacksonville Municipal Stadium.

- All participants are required to pick up their race packet, ChampionChip, & t-shirt at the expo on Thursday or Friday!
- Packets may be picked up for you, but the person requesting the packet must have a printout of your confirmation email or a signed note from you stating that the person can pick up your packet, along with a copy of your photo ID. **No Exceptions!**
- If you do not have or never got an email confirmation, you will have to come to the expo with an ID to pick up the packet.

NON RESIDENTS:

If you live outside of Duval, Clay, Nassua, or St. John's counties and can not make it to the Expo during regular Expo hours, you can pay \$5.00 to pick up your race packet on race morning from 7:00 to 8:00 AM. This option is for out-of-towners ONLY! **No Exceptions!**

RAISE MONEY FOR CHARITY

Encourage your friends, family, church, civic group, or business to take part in this 5K fun run & walk and raise money for one of the listed charities. 50% of your pledge or sponsorship will be divided among the charities listed:

2010 CHARITIES (TENTATIVE)

- March of Dimes
- North Florida School
- Susan G Komen Breast Cancer Foundation
- Special Olympics – Duval County
- The ALS Association Florida Chapter
- Nielsen Organ Transplant Foundation

- Jewish Family & Community Services
- L'Arche Harbor House
- HOPE Worldwide
- Boy's Home Association
- Catholic Charities Bureau, Inc.
- American Lung Association
- 1st Coast No More Homeless Pets

TEAM SIGNUP

You can enter as a team to receive entry fee discounts for multiple entries. If a team has ten or more members, each runner will receive a discount if their entry is submitted with the team roster. Discounts will be determined based on the number of entries submitted:

The actual entry fee paid is based on the entry fee at the time the entries are submitted. This applies to both 15K and 5K entries.

- » 10 or more entries receives a \$2 discount per entry.
- » 25 or more entries receives a \$3 discount per entry.
- » 50 or more entries receives a \$4 discount per entry.

All individual entry forms must accompany the team entry form, and each individual must pay an entry fee. For more information on turning in team entries, please visit www.gate-riverrun.com/teaminfo.htm!

QUESTIONS

If you have questions, feel free to visit our website, www.gate-riverrun.com for complete information, or call our Race Office, (904) 731-1900 ext. 11 or ext. 12.

FLORIDA TIMES UNION 5K FOR CHARITY		OFFICIAL USE ONLY																
<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>First Name <input type="text"/></p> <p>Age Race Day <input type="text"/> Sex <input type="text"/> Adult Cotton Shirt Size <input type="text"/> Youth Cotton Shirt Size <input type="text"/></p> </div> <div style="width: 45%;"> <p>Last Name <input type="text"/></p> <p>Adult Cotton Shirt Size <input type="text"/> Youth Cotton Shirt Size <input type="text"/></p> </div> </div>																		
<p>Email Address (Required for Confirmation) <input type="text"/></p>																		
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<p>Telephone Number <input type="text"/></p>																		
<p>Make Checks Payable to: Gate River Run and mail with entry to 3931 Baymeadows Road, Jacksonville, FL 32217</p>																		
<p style="text-align: center;">MERCHANDISE ORDER</p> <p>Technical Short Sleeve Shirt \$25.00 SIZE _____ QUANTITY _____</p> <p>Technical Long Sleeve Shirt \$30.00 SIZE _____ QUANTITY _____</p> <p>Running Cap (embroidered) \$16.00 QUANTITY _____</p> <p>Official GRR ChampionChip \$30.00 QUANTITY _____</p> <p style="text-align: center;">Shipping = \$4.00 for 1st item, \$1.00 for each additional</p>		<table style="width: 100%; border-collapse: collapse;"> <tr> <td>Entry Fee 5K Only</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>Day of Race p/u add \$5.00 (Out of Towners Only!)</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>Pre Race Dinner Adults \$9 Children \$5</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>Gate Receipt Attached Deduct \$1.00</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>Join the JTC for \$20.00</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>JTC Member deduct \$2.00 JTC member # _____</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>Merchandise Total</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td>TOTAL AMOUNT:</td> <td style="text-align: right;">\$ _____</td> </tr> </table> <p>Method of Payment: <input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit</p>	Entry Fee 5K Only	\$ _____	Day of Race p/u add \$5.00 (Out of Towners Only!)	\$ _____	Pre Race Dinner Adults \$9 Children \$5	\$ _____	Gate Receipt Attached Deduct \$1.00	\$ _____	Join the JTC for \$20.00	\$ _____	JTC Member deduct \$2.00 JTC member # _____	\$ _____	Merchandise Total	\$ _____	TOTAL AMOUNT:	\$ _____
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<p><small>I know that running a road race is a potentially hazardous activity which could cause injury or death. I should not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and /or humidity, traffic and the conditions of the road. I also understand that in the event that this race has to be cancelled for any reason beyond the control of race management that my entry fee will not be refunded. All such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race. I also understand that I must return by ChampionChip transponder or I will be billed \$30.00 as replacement cost. I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Organizers of this event and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.</small></p>																		
<p>Please Sign Here (Parent must sign if participant is under 18 years of age)</p>		<p>Date Signed _____</p>																