

JUNIOR RIVER RUN

March 15, 2014 • 11:00 AM • Jacksonville Sports Complex
A Free One Mile Run for Kids



AN OFFICIAL RACE OF THE GATE RIVER RUN

The Gate River Run and **JTC Running** are proud to present the 18th annual Junior River Run. It's free to any child 13 years and younger. All children who sign up for the in-school training program will receive a free training t-shirt. All children who complete the one mile fun run will receive a t-shirt and goodie packet on raceday!

HOW TO REGISTER

All children must submit a completed entry form signed by their parent. You can either submit the entry through the mail to the address on the entry form, or give it to the PE instructor at your school if your school is participating. The entry fee is free.

RACE INFORMATION

There will be four separate one mile races for boys and girls as follows:

Starting Time	Group to Start
11:00 AM.....	Boys 9 and under
11:15 AM	Girls 9 and under
11:30 AM	Boys 10 to 13
11:45 AM	Girls 10 to 13

ASSEMBLY AREA

All children should meet in the Jr. River Run assembly area located near the start on Duval Street in front of the Jacksonville Fairgrounds. The start will be near the intersection of Duval Street and Randolph Boulevard. Each group will assemble in this area about 10 minutes prior to their starting time. The start, finish, and course will be totally monitored by police and race officials. Parents should wait for their children in the assembly area to ensure the safety of all participants. You will be able to watch the start and finish from this location. Start groups will be called from this area. Parents can run with their children, but if you think your child can handle this event without you, we would appreciate your waiting for your child at the finish line.

STARTING THE RACE

The Start is on Duval Street in front of the Jax Fairgrounds. The race will run west on Duval Street doing an out and back mile to finish inside the Fairgrounds near the starting line. Children should not move into the starting area on Duval Street until instructed to do so by the race

announcer. Each group will be moved into the starting area based on the times listed. Each group will be started by the sound of the cannon.

FINISHING THE RACE

The race finishes in the Fairgrounds on the other side of fence from where the race started. As each group finishes, they will pass through the finish area, receive their race packet, t-shirt, and then move back into the assembly area. The finish line area will be restricted to participants and volunteers only. Parents should wait in the assembly area outside the finish area for their children.

RACE NUMBER PICK UP

All participants in the Junior River Run must pick up their race number prior to the start of their race. If you are participating as part of a group from one of the participating schools, your coach may pick up and distribute your number. Otherwise, you must report to the Runner's Expo at the Jacksonville Fairgrounds on Thursday, March 13th from 11:00 AM until 6:00 PM, or on Friday, March 14th from 11:00 AM until 8:00 PM. You can also pick up your race number on raceday, March 15th in the Runner's Assembly Area from 10:00 AM until 11:00 AM.

IN-SCHOOL TRAINING PROGRAM

If your school would like to join the Junior River Run Training Program, contact us by email at stuart@1stplacesports.com or call our office (904) 731-1900. All students who participate in the eight week training program will receive a free training plan and a Jr. River Run training t-shirt. The purpose of the program is to familiarize our youth with the benefits of exercise and of course get them ready for race day. The idea is to have the children run 8.3 miles in their training program, and then run one mile on River Run Day. That would mean they have covered the full 15K distance. **We hope your school will get involved!**